



# Go *Blue*

FOR BREAKTHROUGHS



At Breakthrough T1D, we're on a mission to create a world without type 1 diabetes (T1D) – and your workplace can help us get there.

## How can your workplace get involved?

This World Diabetes Day, Friday 14 November, join us and **Go Blue for Breakthroughs** in support of Australians living with T1D. Together, we can shine a spotlight on T1D and power the research that leads to life-changing breakthroughs

## What is type 1 diabetes?

T1D is a chronic autoimmune condition that can affect people at any age. Unfortunately, there's no known way to prevent it, and right now there's no cure. But together, we can make a difference. Researchers are working hard on ways to prevent, treat and cure T1D, and fundraising helps support their important efforts.

# 4 ways your workplace can Go *Blue*



## Wear it

From ties to tees, scarves to socks – your team's splash of blue shows support for Aussies with T1D. Don't forget your donation to back breakthrough research!



## Colour it

Turn your workplace blue with balloons, banners, or virtual backdrops. A bold blue space brings awareness and brightens the office – in person or online.



## Make it

From blue ribbons to handmade pins, crafting something blue gets everyone involved. It's a fun and creative way to show support for the T1D community.



## Bake it

Cupcakes, cookies or jelly cups – add a touch of blue and you've got an instant fundraiser. Host a morning tea and raise funds with every bite.

**Raise awareness. Raise funds.  
Make breakthroughs happen.**

Spread the word about T1D and help fund life-changing research. Our Workplace Fundraising Kit is packed with ideas to help organisations of all kinds Go Blue and leave a lasting legacy. Together, we can build the blueprint for a world without T1D.

[bluearmy.BreakthroughT1D.org.au/goblue](http://bluearmy.BreakthroughT1D.org.au/goblue)



Scan to download our  
Workplace Fundraising Kit